RIDGEFIELD RECREATION & PARKS DEPARTMENT

VETERANS MEMORIAL PARK 604 BROAD AVENUE RIDGEFIELD, NJ 07657 (201) 943-5342 FAX#: (201) 943-8887

2022 FALL "KIDZ GYMNASTICS

& DANCE"

This gymnastics & dance class will introduce your little ones to the foundations of gymnastic, tumbling & creative movement. Ever y weeks, children will improve their motor skills, stretch & balance on real gymnastics equipment including soft mats, balance beams, a mini trampoline, a horizontal bar, stepping stones, and more. Children will move around to age-appropriate music, developing their strength,

flexibility and balance. Ages: 2-5 years old <u>SESSION I:</u> Tuesday-April 5th to May 10th (1:00 p.m. - 1:40 p.m.)____ SESSION II: Tuesday-May 17th to June 21st (1:00 a.m. - 1:40 p.m.) THIS CLASS WILL BE HELD AT THE COMMUNITY CENTER 2022 KIDZ GYMNASTICS & DANCE CHILD'S NAME AGE PARENT'S NAME _____PHONE ____ ADDRESS EMERG # I hereby certify that the above-named individual is in sound physical condition to participate in Ridgefield's Kidz Gymnastics & Dance Program. SIGNATURE DATE FEE: \$75.00 (Checks made payable to: Borough of Ridgefield) **Method of Payment: Date Received:** Cash___ Check/MO #:____